Guidelines for Interactions During Identity Stories

STORYTELLER

1. Speak for yourself from your own experiences.
2. Disclose (share) only what you are comfortable talking about to someone else.
3. Use the questions listed on the slide or make up your own. Share whatever part of your identity you would like to talk about.

LISTENER

1. Listen with compassion to understand what you are being told.
2. Do not interrupt or add your comments.
3. Use listening skills from your own cultural context that show the other person your interest and engagement. (For example: facial expressions, gestures, making or avoiding eye contact, etc.)

NOTE: This activity can be used as a training strategy when working with staff and families. It can be used to help people get to know each other's cultural values and beliefs and to practice listening and other communication skills.

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