



USING VIDEO CREATIVELY

A Sample Video-Based Training Curriculum for Home Visitors

I. Introduction To PITC Philosophy and Materials

Warm, nurturing relationships.
Responsive Care.
Infant's natural desire to learn.
The importance of culture and consistency with families.

Show: *Essential Connections*

II. Responding to Different Stages, Different Needs

Three stages of infancy each have a special issue.
Security, exploration, identity.
Help infants with transitions between stages.

Show: *The Ages of Infancy*

III. Infant Temperament: A Window to Relationships

Focus on nine temperament traits to understand and meet needs.
Temperament is inborn, it's no one's fault.
All temperaments have advantages and challenges.
Goodness of fit means adapting to child's temperament.

Show: *Flexible, Fearful or Feisty*

IV. Responsive Relationships: The Key to Love and Learning

Infants learn through the relationships with adults.
Adults need knowledge of development, temperament, and culture and self.
Responsiveness supports emotional and intellectual development.
The responsive process can be learned: watch, ask, adapt.

Show: *Getting in Tune*

V. Discovery: Insights into Infant Learning

Infants are self-motivated learners.
They need supportive, respectful adults.
Infants are engaged in discovering intellectual principles:

Show: *Discoveries of Infancy*

VI. Supporting Language and Communication

- Bathing infants in language enhances development
10 Strategies for facilitating language development, e.g.,
- ❖ Respond to infants' messages.
 - ❖ Support bilingual development
 - ❖ Importance of culture and language
 - ❖ Use books and be playful with language

Show: *Early Messages*

VII. Making Friends with Infants

- Go slowly; allow child time to warm up.
Leave some distance between child and stranger at first.
Use indirect contact through interesting object.
Follow child's cues.

Show: *First Moves*

VIII. Working with Our Own Feelings:

- Exploring and accepting feelings about working with parents.
Understanding parents who don't seem protective (Talking Points #1)
Four step process for dealing with feelings

Show: *Protective Urges, Talking Points*

IX. Quality Child Care: The Vital Link for Development:

- Importance of intimacy in childcare programs.
Primary care, small groups continuity.
Helping parents find this kind of care.

Show: *Together in Care*

X. Engagement is Everything (if desired)

- Issues in dealing with difficult-to-engage families.
The value of persistence.
Maintaining good humor, respect, and genuine interest.
Helping parents attain internal organization and object constancy.

Refer to: (Article) Greenstein: *Zero to Three*, February/March 1998

Note: *In general, allow at least 2 hours per topic. Time spent on each topic will vary, according to the needs of the group.*