PITC ACTIVITIES

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THE PROGRAM FOR INFANT/TODDLER CAREGIVERS

Ten Caregiving Gifts

Module: I
Topic: Socialization & Guidance
Type: Brainstorm and Discuss
Group Size: Large Group
Time: 30 - 45 minutes

Purpose:

Participants will identify ways to assure that the children in their care receive these gifts.

What you will need:

Participant Materials	Trainer Materials	Equipment
The following handouts: :: Ten Caregiving Gifts	:: Handout: Ten Caregiving Gifts :: Transparency: Ten Caregiving Gifts :: 10 envelopes, each containing one "caregiving gift"	:: Overhead Projector :: Screen

Directions:

Trainer preparation in advance:

1. Paint or draw a bow on 10 "invitation" envelopes (4 3/8 x 5 3/4).
2. Using one copy of the PITC handout, Ten Caregiving Gifts, cut "gifts" apart creating 10 strips.
3. Place one "gift" in each envelope.

At the training event:

1. Ask for volunteers to each take a gift, open it and read it to the other participants.
2. Have participants talk about ways they can make sure that each child in their group is offered the opportunity to have that gift.

Variations:

:: 10 Small gift boxes may be used instead of an envelope.

:: 10 Small gift bags may be used instead of an envelope.

:: One gift box or bag can be used to hold all ten "gifts". Ask volunteers to draw one of the gifts from the box.

:: This is a good activity to use right before break or to end a session.

Links to Head Start Program Performance Standards:

:: 1304.21 (a) (3)(i)(A)
:: 1304.21 (b)(1)(i), (ii)

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Source Material:

WestEd. (1995). The Program for Infant/Toddler Caregivers' *Trainer's manual, Module I: Social-emotional growth and socialization*. Sacramento, CA: California Department of Education.

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Ten Caregiving Gifts

Gift One: Respond to very young infants in ways that encourage them to feel they can make things happen.

Gift Two: Help young infants learn they have ways to take care of their own needs.

Gift Three: Help infants and toddlers develop confidence and trust in others.

Gift Four: Help babies learn about intimacy.

Gift Five: Help toddlers learn that adults cannot solve every problem.

Gift Six: Be tolerant of toddlers' internal conflicts and desires.

Gift Seven: Help toddlers sort out the evaluations of adults.

Gift Eight: Match your reaction to the temperament of the baby.

Gift Nine: Exchange information with parents about their children.

Gift Ten: Remind children in child care of the absent parents' continued existence.

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