



High Regard

Module: II
Topic: Respectful Caregiving
Type: Reflection/Journaling
Group Size: Individuals, Large Group
Time: 5 - 15 minutes

Purpose:

1. For participants to recognize, at a personal level, the benefits of respectful attention and interactions.
2. For participants to identify what types of behaviors convey respect to children.
3. To stimulate participants' thinking on, and open the door to, a meaningful group discussion on the topic of respectful care of infants and toddlers.

What you will need:

Participant Materials	Trainer Materials	Equipment
<p>The following materials: :: Pencil & paper</p>	<p>:: Transparency: High Regard Activity Assignment</p>	<p>:: Overhead Projector :: Screen or blank wall</p>

Directions:

1. Place transparency with directions on overhead projector or give directions verbally.
2. Ask participants to reflect individually for a minute or two.
3. Ask participants to write down their response and/or sharing them with a neighbor. (This choice helps accommodate personal styles.)
4. Ask for a few volunteers to share their responses with the whole group.

PITC ACTIVITIES

Variations:

:: This can be used as an arrival activity or an activity during the course of the workshop.

:: Directions and space for responses could be written into handout packet.

:: Use this activity to begin a discussion on respecting children. Consider including the following statement and questions as part of the discussion:

- We learn to give respect by experiencing being respected.
- At what age should a person be given respect?
- How do we show respect to infants?
- What kinds of things do adults commonly do that are not respectful?

Links to Head Start Program Performance Standards:

Includes but not limited to:

:: 1304.21(b)(1)(i) To support development...focuses on relationships, respect, and responsiveness...

Activity Developed by:

Adapted by Cheri J. Longaker, PITC Certified Trainer, from a workshop activity conducted by Linda Brault.

Source Material:



HIGH REGARD ACTIVITY ASSIGNMENT

➤ **Think of an adult, other than a parent, who you knew held you in high regard when you were a child or young person.**

It could be a teacher, an aunt or uncle, neighbor, adult friend, etc.

➤ **How did you know they held you in high regard?**

What was it that they did? What behaviors let you know this person respected and valued you?