PITC ACTIVITIES

pitc
THE PROGRAM FOR INFANT/TODDLER CAREGIVERS

Supporting My Group

Module: I
Topic: Temperaments
Type: Reflection/Journaling
Group Size: Individuals or Small Groups
Time: 20 - 30 minutes

Purpose:

To learn to apply the information on temperaments to the children in their care in order to provide more responsive, individualized care.

What you will need:

Participant Materials	Trainer Materials	Equipment
The following handouts: :: Supporting the Temperaments In My Group		

Directions:

1. This activity should be preceded by information on temperaments and the PITC video, *Fearful, Flexible and Feisty* so participants have some knowledge of the three temperament types, some of the behavioral indicators of each, and how to support each type.
2. Other activities that could precede this one are listed below in Variations.
3. Ask participants to reflect on each child in their primary care groups.
4. Taking one child at a time, ask participants to complete the handout, Supporting the Temperaments in My Group. Primary and secondary caregivers could work together.
5. Consider providing the handouts listed below as support for this activity.
6. For programs not yet implementing primary care, participants can divide the children in their classrooms and work individually or in pairs to complete the activity.
7. Invite volunteers to share what they discovered from this activity. Discuss.

Variations:

:: Module I Handouts that might be helpful references for this activity:

- Handout 5: Three Different Temperament Types
- Handout 9: Improving the Goodness of Fit (Consider asking participants to answer these questions as an activity prior to Supporting My Group.
- Handout 10: Important Points to Remember About Temperaments

:: Consider asking participants to complete an assessment scale on each child in their group (Handout 6) and then chart each child's traits in a different color on Handout 8. This information can be used to help identify children's temperaments and behavioral indicators.

:: Consider asking participants to add their own temperament traits to the same chart.

Links to Head Start Program Performance Standards:

Includes but not limited to:

:: 1304.21(a)(1)(i) Responsiveness to individual abilities, interests and temperament

Activity Developed by:

Cheri Longaker, PITC Certified Trainer

Source Material:

Lally, J.R. (Executive Producer/Content Developer/Writer), Mangione P.L. (Content Developer/Writer), & Signer, S. (Content Developer/Writer). (1990). *Flexible, fearful, or feisty: The different temperaments of infants and toddlers* [Videotape]. United States: The Program for Infant/Toddler Caregivers (Developed collaboratively by the California Department of Education and WestEd).

© WestEd PITC is developed collaboratively by WestEd and California Department of Education. Activities may be reprinted for educational purposes only.

SUPPORTING THE TEMPERAMENTS IN MY GROUP

CHILD & TEMPERAMENT	BEHAVIORAL INDICATORS	WHAT HE/SHE NEEDS FROM ME

Program _____ **Caregiver** _____

Name: **Temperament:**		
Name: **Temperament:**		
Name: **Temperament:**		
Name: **Temperament:**		

Developed by Cheri Longaker. © WestEd, The Program for Infant/Toddler Caregivers.
This document may be reproduced for educational purposes.