PITC ACTIVITIES

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THE PROGRAM FOR INFANT/TODDLER CAREGIVERS

Let's Dance

Module: I
Topic: Responsive Caregiving
Type: Brainstorm
Group Size: Small Groups
Time: 24 minutes to watch video + 15 - 20 minutes for activity + 15 - 30 minutes to report back

Purpose:

To identify the steps in the responsive process, Study, Know, Learn, Watch, Ask, Adapt as presented in the PITC Video *Getting in Tune*.

What you will need:

Participant Materials	Trainer Materials	Equipment
The following handouts: :: Handout 11: Watch, Ask, Adapt **The following materials:** :: Study, Know, Learn, Watch, Ask, Adapt	:: PITC Video: *Getting in Tune* :: A flip chart with the main words written on it (as a reference while singing the song)	:: TV/VCR

Directions:

1. Show the PITC video *Getting in Tune.* Ask for questions or comments from the participants.
2. Divide the participants into small groups. Give them Handout 11, Watch, Ask, Adapt.
3. Ask participants to make up a song utilizing only the words in the chart with a familiar melody and incorporate body movements to it (study, know, learn, watch, ask, adapt). The presenter may want to provide a brief example of what a song and body movements might be. The original songs could be from any language or culture.
4. Have the small groups present their song to the large group.

Variations:

:: The presenter could make a small karaoke machine available to make the performance/sharing more fun.

:: The presenter could also make available sample songs with the original words to help participants get started, for example *Twinkle, Twinkle, Little Star* or *You are My Sunshine*.

:: Participants should be encouraged to use songs from their childhood or culture even if the song is originally in another language. They can also sing the song in a different language.

Links to Head Start Program Performance Standards:

Education and Early Childhood Development

:: 1304.21(a)(1)(i)

:: 1304.21(a)(1)(ii)

:: 1304.21(a)(1)(iii)

:: 1304.21(b)(2)(i)

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Source Material:

Lally, J.R. (Executive Producer/Content Developer/Writer), Mangione P.L. (Content Developer/Writer), Signer, S. (Content Developer/Writer), Butterfield, G.O. (Producer/Editor), & Gilford, S. (Writer). (1990). *Getting in tune: Creating nurturing relationships with infants and toddlers* [Videotape]. United States: The Program for Infant/Toddler Caregivers (Developed collaboratively by the California Department of Education and WestEd).

The Program for Infant/Toddler Caregivers Trainer's Manual *Module I: Social-Emotional Growth and Socialization*. Transparency/Handout 11. Developed by WestEd in collaboration with the California Department of Education. 1993.

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Handout #11
The Responsive Process

Step One: Watch

Begin by just watching, not rushing to do things for the baby.

Watch for both verbal and non-verbal cues.

Step Two: Ask

Ask yourself: What messages is the child sending? What are the emotional, social, intellectual, and physical parts to the message? Does the child want something from me at this moment?

If so, ask the child: What is it that you want?

Step Three: Adapt

Adapt your actions according to what you believe to be the child's desires.

Watch how the child responds to your actions.

Modify your actions according to the child's response, and watch, ask, and adapt again.

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